



Join Natalie Caine at Rancho La Puerta

July 31 - August 7

Come join Natalie at this renowned location: ***Rancho La Puerta was named World's Best Destination Spa in Travel + Leisure's 2010 World's Best Awards readers' poll***

You are invited to join Natalie Caine as she returns to teach *LIFE IN TRANSITION, WHAT'S NEXT*, at Rancho La Puerta Resort and Spa outside of San Diego, for the week of July 31, 2010.

The Resort and Spa is generously offering a voucher to any first time guest who wants to visit the Resort and Spa anytime during the year. You do not have to attend Natalie's workshop to receive a voucher.

Call the toll free number for more information 800-443-7565 Rancho La Puerta and visit <http://emptynestsupport.com/events/> for a description about this hands on week workshop surrounded in beauty and health. Yoga, cooking classes, organic garden, art studio, spa, delicious meals, music, photography, fitness classes, special teachers that week, star gazing, swimming, hiking, and more. Treat yourself to a life changing experience this summer.

Natalie Caine

Empty Nest Support Services

www.emptynestsupport.com

(818) 763-0188 Los Angeles

natalie@emptynestsupport.com

